



*The Ultimate
Pet Owners' Guide*
TREASURE COAST

SIT & STAY PET CARE SERVICES, INC.

Welcome!

I am Kiana, your friendly neighborhood pet sitter and founder of Sit & Stay Pet Care Services. I'm so happy to share this free guide with you. Whether you're a new pet owner or a seasoned pro, this guidebook is here to provide you with all the information and resources you need to ensure a happy and healthy life for your furry family members.

We understand that being a pet parent comes with its own unique set of joys and challenges. That's why we've compiled a comprehensive collection of tips, recommendations, and local insights to help you navigate through every aspect of pet ownership.

Inside these pages, you'll find a wealth of knowledge about pet-friendly parks, trails, and outdoor activities where you and your four-legged companions can enjoy quality time together. We've also included a directory of pet-friendly businesses, from groomers and veterinarians to pet supply stores and training centers, making it easier than ever to find the services you need.

We believe that pets bring immense joy and love to our lives, and it's our mission to help you create the best possible life for them. So, grab a cup of coffee, sit back, and get ready to embark on an adventure filled with tail wags, purrs, and endless cuddles.

Welcome to our pet-friendly community, where every pet parent is part of a vibrant and caring family. Let this guidebook be your companion as you navigate the wonderful world of pet parenting.

Kiana Harris

Founder & CEO
Sit & Stay Pet Care Services, Inc.

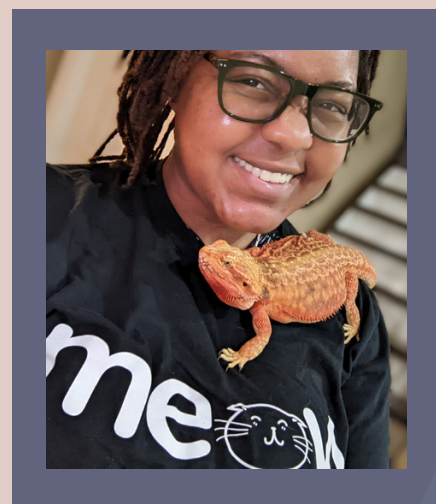


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RECIPE

VETERINARIANS

ST. LUCIE COUNTY

VCA Tri-County Animal Hospital

1811 Okeechobee Rd, Fort Pierce, FL 34950
(772) 461-1311

Angela M Compton DVM

3186 Linda Vista Ave, Fort Pierce, FL 34982
(772) 766-6645

Veterinary Medical Center of St. Lucie County

7790 S U.S. Hwy 1, Port St. Lucie, FL 34952
(772) 337-8570

Kindness Animal Hospital

761 SE Port St Lucie Blvd, Port St. Lucie, FL 34984
(772) 878-0100

Kelly Animal Hospital

150 NW Central Park Plaza, Port St. Lucie, FL 34986
(772) 336-8111

Animal Health Center of Port St Lucie

1861 SW Gatlin Blvd, Port St. Lucie, FL 34953
(772) 873-4745

Pets Vet Mobile Clinic

(772) 781-1777

Morningside Animal Hospital

1626 SE Port St Lucie Blvd, Port St. Lucie, FL 34952
(772) 337-0800

VETERINARIANS CONT.

MARTIN COUNTY

Stuart Sound Animal Hospital

3689 SE Cove Rd, Stuart, FL 34997
(772) 287-0024

All Creatures Animal Hospital

5885 S Kanner Hwy, Stuart, FL 34997
(772) 283-0101

Animal Care Extraordinaire

987 SE Monterey Rd, Stuart, FL 34994
(772) 287-2513

Stuart Animal Hospital

3003 SE Federal Hwy, Stuart, FL 34994
(772) 287-2242

Martin Downs Animal Hospital

1625 SW Martin Hwy, Palm City, FL 34990
Phone: (772) 288-3456

Palm City Animal Medical Center

3090 SW Mapp Rd, Palm City, FL 34990
(772) 283-0920

Savanna Animal Hospital

1800 NE Savannah Rd, Jensen Beach, FL 34957
(772) 334-4454

Ocean Breeze Animal Hospital

1553 NE Jensen Beach Blvd, Jensen Beach, FL 34957
(772) 334-2273

Jensen Beach Animal Hospital

1553 NE Arch Ave, Jensen Beach, FL 34957
(772) 334-5010

Federal Animal Hospital

8300 SE Federal Hwy, Hobe Sound, FL 33455
(772) 287-5009

Hobe Sound Veterinary Clinic

11858 SE Dixie Hwy, Hobe Sound, FL 33455
(772) 546-2595

GROOOMERS

ST. LUCIE COUNTY

Pretty Paws Mobile Grooming, LLC

(772) 828-2525

Furry Seasons Mobile Pet Salon

(561) 557-9997

Pamper Service By Karina LLC

2532 SW Bayshore Blvd , Port St. Lucie, FL
561-809-0979

Just Dog Spaw

466 SW Port St Lucie Blvd Suite 103, Port St. Lucie, FL
34953
(772) 237-2464

MARTIN COUNTY

Razzle Dazzle Paws

6126 SE Federal Hwy, Stuart, FL 34997
(772) 288-3003

Pet Spoilers Spa LLC

925 SW Martin Downs Blvd, Palm City, FL 34990
(772) 220-6714

Becca's Pet Mecca Luxury Mobile Pet Grooming

(772) 646-0377

TRAINERS

ST. LUCIE COUNTY

Dogs in Bloom

2852 SE Bakersfield St, Port St. Lucie, FL 34952
(772) 872-1582

Draxen Farms

1502 Trowbridge Rd, Fort Pierce, FL 34945
(772) 342-6125

MARTIN COUNTY

Ace Dog Training

4887 SW Cherokee St, Palm City, FL
(561) 502-3198

Applied Canine Concepts, LLC

3155 SW 78th Ave, Palm City, FL 34990
(678) 521-7471

LOCAL PARKS

ST. LUCIE COUNTY

Lyngate Dog Park

1301 SE Lyngate Drive, Port St. Lucie, FL 34952
(772) 335-2384

Woodland Trails Dog Park

1485 SW Calmar Ave, Port St. Lucie, FL 34953

Walton Rocks Beach

6700 S Ocean Dr. Jensen Beach, FL 34957

MARTIN COUNTY

Poppleton Creek Dog Park

47 51 SE Central Pkwy, Stuart, FL 34994

Halpatiokee Regional Park

8303 SW Lost River Rd, Stuart, FL 34997

Indian Riverside Park

1707 NE Indian River Dr., Jensen Beach, FL 34957

PET SUPPLY STORES

ST. LUCIE COUNTY

Pet Supplies Plus Port St. Lucie

3215-A SW Port St Lucie Blvd, Port St. Lucie, FL 34953
(772) 873-8170

Pet Supermarket

1790 SE Port St Lucie Blvd, Port St. Lucie, FL 34952
(772) 337-2421

MARTIN COUNTY

Woof Gang Bakery & Grooming Palm City

2864 SW Town Center Way Suite 360, Palm City, FL 34990
(772) 600-5327

Wagnolia's

2701 SE Ocean Blvd, Stuart, FL 34996
(772) 600-7446

The Noble Paw

2468 SE Federal Hwy, Stuart, FL 34994
(772) 348-0800

SWEET POTATO DOG TREATS

These dog treats are perfect for dog owners that want to do something quick in bulk for their fur babies.

4 SIMPLE INGREDIENTS

- 1 CUP COOKED MASHED SWEET POTATOES
- 2 EGGS
- 1/4 CUP UNSWEETENED APPLESAUCE
- 2 1/2 CUPS WHOLE WHEAT FLOUR



DIRECTIONS

1. Preheat oven to 350.
2. Add sweet potatoes, eggs, applesauce to a mixing bowl and mix well. Stir in flour. Mixture will be stiff and sometimes it's easier to mix with your hands than to bend a metal spoon.
3. Divide dough in half and roll onto a surface covered with additional flour until about 1/8" thick. Use a cookie cutter to cut shapes and place onto an ungreased baking sheet. Bake for 35-40 minutes or until dry and crispy. Remove from oven. let stand on baking sheet for 2 minutes before removing to completely cool on a cooling rack.
4. Serve when cooled or store in a sealed container in the refrigerator until ready to use.

Looking for more?



Hey there, we totally get that being a pet parent has its ups and downs. That's why we've put together a super helpful collection of tips, recommendations, and local insights in our blog to help you out with every aspect of pet ownership.

But wait, there's more! We've gone above and beyond to give you expert advice on pet care, nutrition, and health. Whether you need help picking the perfect diet for your fur baby or understanding those pesky behavioral issues, we've got your back as your go-to resource for everything pet-related.

HELP@SIT-N-STAYPETS.COM
772-266-2890